



STENDALER-HANSE-CUP

**Internationale Altmark-Meisterschaften
Seniorinnen und Senioren**

May 31st - June 2nd, 2019

7th STENDALER-HANSE-CUP

*International senior athletics
Championships of the Altmark region
Decathlon/Heptathlon/Triathlon
Competitions in athletics
for girls and boys*



Sports- and Hanseatic city Stendal

Athletics Stadium „Am Galgenberg“



Ingenieurbau
Altmark
GmbH



event - No.: 19V 16000 2201 04 100

- organiser:** Stendaler Leichtathletikverein '92 e.V.
- place of event:** Stendal, Athletics Stadium „Am Galgenberg“, Osterburger Straße
- competition rules:** The competition rules of IAAF and additional competition rules of Masters Athletics (WMA) will be applied
- application deadline:** for all competitions: Wednesday **May 8th, 2019** (not via LADV)
- registration:** Please send the *official registration form via post* or **E-Mail** to:

Siegfried Wille
Zum Bürgerpark 39a
39576 Stendal / OT Uenglingen
E-Mail: Siegfried.Wille@t-online.de
Tel.: +49 3931-493377 (land line) +49 151155 96100 (mobile phone)

(you can download the official registration form on our webpage:
<https://www.stendaler-hanse-cup.de/wettkampfunterlagen>)

English: In case of any questions please refer to Mr. Felix Rüge
E-Mail: ruege.f@gmail.com, +49 151 52 53 79 04 (mobile phone)

Competitions: **Seniors age groups m30 to m90** (max. 30 athletes!)
Decathlon start: Saturday **June 1st, 2019**, 10:00 AM

Senior females w30 to w90 (max. 20 athletes!)
Heptathlon start: Saturday **June 1st, 2019**, 11:00 AM

Senior age group m30 and older for Triathlon
Start: Saturday June 1st, 2019 at 10 AM
(100 m - Longjump - Shot, single scoring for all three events)

Please let us know the names of your companions/coaches.
You will receive a written confirmation of registration after deadline.

Score/evaluation: All athletes of **combined events** will get a **single evaluation per age group**. For Decathlon and Heptathlon there will be an additional score of all age groups together (m/f 30 to m/f 90) according to their scores



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including the age group factor.

There will be a **team score of all age groups** in combined events together if **three athletes** are taking part.

There will be a **nation score** if **three athletes** (male or female) of **at least two nations** taking part.

Award ceremonies: Decathlon and Heptathlon

All athletes will receive a certificate. 1st to 3rd place of each age group will be awarded with a medal (gold/silver/bronze)

The **winners of all age groups** will be awarded with the certificate of the “**international senior decathlon champion of the Altmark 2019**” and the “**international senior heptathlon champion of the Altmark 2019**” as well as a winner’s trophy each.

Triathlon

All athletes will receive a certificate. 1st to 3rd place of each age group will be awarded with a medal (gold/silver/bronze)

Party/Welcome: On Friday, **May 31st 2019 at 7 PM** there will take place a “**pasta party**” at the clubhouse (located at the stadium). The fee is **5 €**.

After the first competition day (Saturday, June 1st 2019) there will be a welcome event with the major of Stendal and the traditional asparagus meal. The fee for the meal is 8 €.

Please state the number of participants (together with your accompanying persons/coaches) for the pasta party and asparagus meal in advance together with your application form.

Organisational fee: Decathlon and Heptathlon

50 € per athlete (without Pasta-Party and asparagus meal)

Organisational fee includes: starting fee, non-alcoholic drinks (coffee, tea, softdrinks, softdrinks mixed with beer) and fruits as well as the participation of the majors welcome (asparagus meal = 8 € additionally).

Triathlon 10 € per athlete

additional to 5 € per person for the Pasta-Party on May 31st and/or 8 € per person for the asparagus meal on June 1st

Please transfer the organisational fee (as well as maybe additional fees for the Pasta-Party and asparagus meal for each person) until **May 8th 2019** to the following account:

Stendaler LV`92 – SHC

name of the bank: Kreissparkasse Stendal

IBAN: DE 61 8105 0555 0101 0144 90

BIC: NOLADE21SDL

reason for payment: SHC 2019 + name of athlete

Athletes from outside the European Union, please pay fees in cash at the registration office when taking the starting documents.

Please note that participating to the pasta party and majors welcome event is possible only with prior reservation!

Hotels/Accomodation:

We recommend to book rooms at the „Hanse-Hotel“, Industriestraße 20 a/b, 39576 Stendal, Phone: +49 3931 4180801, info@hanse-hotel-stendal.com

web: www.hanse-hotel-stendal.de

> Please register as **"Starter des STENDALER-HANSE-CUP"** (participant of the Stendaler-Hanse-Cup) or **"Besucher des STENDALER-HANSE-CUP"** (visitor of the Stendaler-Hanse-Cup).

!!! We will organise a bus shuttle starting from the "Hanse-Hotel" to the Pasta Party and to the Major's welcome asparagus-dinner and back !!!

-**Additional hotels** may be booked via Stendal tourist information - Phone: +49 3931 / 65 11 90 or Fax: +49 3931 65 11 95 or e-mail: touristinfo@stendal.de

-It is also possible to camp with a trailer or with tents inside the stadium area upon request. Requests should be submitted with the application.

Arrival by car: (please see the map on our web page <https://www.slv92.de/kontakt/>)

-**From the north:** Autobahn (motorway) **A 19 / A 24** "Abfahrt" (exit) "**Wittstock**" - **B 189** passing **Pritzwalk / Perleberg / Wittenberge** up to "Abfahrt" (exit) "**Stendal-Borstel**" which is approx. 3 km to the stadium – see entry on the left, right before the parking area of the "Netto" supermarket

-**From Berlin:** on **B 188** via **Rathenow/Tangermünde** to Stendal – follow the streets: Tangermünder Straße – Südwall – Bergstraße – Galgenberg

-**From the south:** **A 14 / A 2** Abfahrt (exit) **Magdeburg – Zentrum (city centre)** to **B 189** to Stendal – following the streets: Lüderitzer Straße – Magdeburger Straße – Südwall – Bergstraße – Galgenberg

Arrival by train:

Please use train station Stendal "Hauptbahnhof" (main station) and use Bus-line connection to "Stendal Nord/Galgenberg" or "Osterburger Straße", exit station is called "Bierkeller" (for individual shuttle please contact us in advance)

-**Travel connection Amsterdam "Schiphol Airport" to Stendal** please see on the internet via <https://www.bahn.com/en/view/index.shtml>

For further information please see our website:
www.stendaler-hanse-cup.de

Competitions in athletics for girls and boys

- **Saturday June 1st, 2019** (girls and boys age group 8 - 9 - 10 - 11)
- **„9. Zwergen-Olympiade“** on Sunday June 2nd, 2019
(girls and boys age group 04 - 05 - 06 - 07)
- **XXII. Winckelmann- Games** part I - May 11th /12th, 2019
 part II - June 1st / 2nd, 2019

For further information and references, please see

<https://www.slv92.de/wettkämpfe-terme/winckelmann-games/>